



22nd March 2021, Gothenburg

Letter from the Head of School

Dear Parents,

It's starting to get lighter and we are seeing signs of Spring! Even if not as physically visible, there are many student activities about to blossom in the school as well. At PYP there are preparations underway for the PYP5 Exhibition where students will showcase group projects they have been working on this term. For LgrP the focus has been on outdoor activities and learning through the natural environments in Gothenburg!

At MYP and LgrM we have been celebrating International Women's Day and extended it into a month to look at broader achievements by women, with a focus on gender roles around the world. Celebrations culminated with a contest for the class with students wearing the most purple - the prize was of course a purple blueberry pie baked by one of our teachers!

As a whole school, with all the measures in place we are managing to maintain a safe environment for our students and staff through the pandemic. Given our international context we have had to take extra care, but this has also meant extra safety and the ability to operate more classes at school. This will only continue to be possible if our whole school community continues to be careful. We must all keep up the good work!

Please be reminded of the Recommendations from the Public Health Agency of Sweden ("[Folhälsomyndigheten](#)") and the Ministry of Foreign Affairs ("[Utrikesdepartementet](#)") to avoid non-essential travel. Travel outside the EU and Schengen is strongly advised against.

If you have been outside Sweden, Folkhälsomyndigheten advises the following: "New variants of the virus that causes COVID-19 are spreading. Therefore, the Public Health Agency recommends people who enter Sweden to avoid close contacts and get tested for COVID-19."

Get tested after your arrival in Sweden

Get tested as soon as possible after arriving in Sweden, and then again five days after your arrival. Visit [1177.se](https://www.1177.se) to find out specific information including where to get tested in your area. If you have tested positive for antibodies you are still recommended to get tested again after your arrival. The recommendation to get tested applies whichever country you have visited. It applies to children in preschool class and older, but not to younger children.

Self-isolate while waiting for your test and test results

While you are waiting for your test and the test results, you must assume that you are infected with COVID-19 – i.e., stay home, avoid close contact with others and maintain good hygiene. This also applies to children who attend preschool and school. Self-isolate for at least seven days after arriving in Sweden.

If you do not develop symptoms or test positive during the seven days after your arrival in Sweden you can move about in society, and students can return to school, but you have to follow the [guidelines and recommendations](#) that apply to everyone. Look out for symptoms of COVID-19 during these seven days. If you have any symptoms, you must contact 1177.se or a healthcare provider for testing.

If you test positive for COVID-19, you will be contacted by the healthcare services for a follow-up. This is handled in different ways in the different regions. You may be contacted by telephone or by mail. The healthcare services will notify you of the rules you must follow.

Please stay up to date on the regulations and other recommendations from the Public Health Agency of Sweden on [how to protect yourself and others](#).

The government guidelines have implications that residents in Sweden should note, such as travel insurance potentially being invalid if you disregard the advice. At ISGR, we have determined missing school due to delays from travel restrictions to be invalid and such absence may jeopardise your place in the school. Due to the frequency of student absence so far this academic year, student leave has been limited and all applications for leave are now reviewed by ISGR's Senior Leadership Team.

At our middle school, we continue to alternate classes as school and online. MYP will be taught at school in Week 12 and LGRM will be at school for Week 13. It is energising to see the students when they are in school and the teachers are making the most of the contact time to prepare students for utilising the digital platforms in the best way. Section Principals will soon advise if digital learning arrangements are to be extended after the Easter break.

I wish you all a productive and healthy couple of weeks leading up to the Easter holidays.

Kind regards,

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Head of School

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