

## **Examples of nuts**

Hazelnuts, walnuts, brazil nuts, cashew nuts, pecan nuts and pistachio nuts.



## PLEASE REMEMBER

Bread, pastries, biscuits, chocolates and other food or baked goods can contain nuts and sesame seeds.



If you have questions, do not hesitate to contact your Principal.

## **Prohibition of:**

Nuts, peanuts, almonds and sesame in preschool and school premises

Many children and adolescents are allergic To nuts, peanuts, almonds and sesame.

These allergies are airborne and can trigger life-threatening reactions in people with allergies.

Preschools and schools should be a safe place and therefore, the City of Gothenburg decided to ban nuts, peanuts, almonds and sesame.

The ban applies to all preschools and schools, every day around the clock.

Also, be aware of the content if you bring excursion food and refreshments to school.





